

# What is a Family Resource Center?

A community or school-based welcoming hub of support, services, and opportunities for families that:

- Utilizes an approach that is multi-generational, strengths-based, and family-centered
- Reflects and is responsive to community needs and interests
- Provides support at no or low cost for participants
- Builds communities of peer support for families to develop social connections that reduce isolation and stress



## What are the goals of a FRC?

- To support families to be strong, healthy, and successful
- To contribute to building a strong and healthy community
- To reduce the likelihood of child abuse and neglect by building the research-based Strengthening Families Protective Factors<sup>1</sup>



## What do FRCs do?

- Enhance parenting skills
- Foster the healthy development and well-being of children, youth, and families
- Prevent child abuse and neglect
- Increase school readiness
- Connect families to resources
- Develop parent and community leadership
- Engage males and fathers
- Support healthy marital and couples relationships
- Promote family economic success

## What services do FRCs most commonly offer?<sup>2</sup>

- Parenting Support
- Access to Resources
- Child Development Activities
- Parent Leadership Development



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# What outcomes do FRCs achieve?



- \$4.93 Social Return on Investment for every dollar invested <sup>3</sup>
- \$3.65 savings for the child welfare system for every dollar invested <sup>4</sup>
- 63% reduction of child abuse cases <sup>5</sup>
- 50% reduction of out of home placements <sup>6</sup>
- 26% lower rates of community-level child abuse investigations <sup>7</sup>
- Gains in economic self-sufficiency, health, social support, family functioning and resiliency, child nurturing and healthy attachment <sup>8</sup>
- Improvements in children's educational success <sup>9</sup>

## Did you know?

- Although there is no dedicated federal funding for Family Resource Centers, there are more than 3,000 of them nationwide in 39 states and the District of Columbia that serve more than 2 million people annually.
- The heritage of Family Resource Centers in the U.S. goes back to the establishment of Settlement Houses in the late 1800s to support new immigrants to succeed.



**Good Samaritan Settlement House**  
San Francisco, CA  
1913



**Good Samaritan Family Resource Center**  
today



## What locations have invested in FRCs being available for all families?



### Kentucky

888 school-based Family Resource and Youth Service Centers



### New Jersey

57 Family Success Centers across all of its 21 counties



### Vermont

15 Parent Child Centers, one in each service area



### Allegheny County, PA

28 Family Support Centers



### San Francisco, CA

26 Family Resource Centers

## What does it cost to run a FRC?

FRC budgets vary across the country in relation to local costs of living, specific programming, and physical space.

- A typical community-based New Jersey Success Center has an annual budget of \$240,000 to \$300,000 with 3-4 full-time staff.
- A school-based FRC in Kentucky has an annual budget of \$33,000-\$82,000 with 1-2 full-time staff and space and other resources provided in-kind.

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