



HOW TO PARTICIPATE IN THE MHSA/PEI PROCESS

- Become involved:
 - Attend your County's planning meetings (see above for descriptions);
 - Meet with your MHS A Coordinator, Mental Health (Behavioral Health) Director, Local government representatives to share information about your current programs and/or program ideas for prevention;
 - Meet with your community based organization allies to strategize around a collaborative prevention program idea;
 - Prepare a 1-page mental health prevention program idea that lists:
 - The issue (or problem you aim to address);
 - The priority population(s) you will be targeting (from the PEI guidelines list of priority populations);
 - The basic idea for your program (what will you do, how will it work);
 - What key mental health area will this program address (again, from the PEI guidelines list of key mental health program areas);
 - The resources you currently have that the priority population will have access to in addition to the program you are proposing;
 - The anticipated outcomes in the mental health of the individuals and families that will participate in the program.